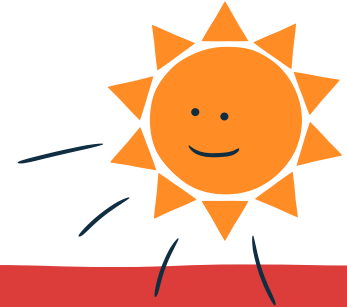


# At-Home Summer Guide for Discovery Preschoolers (2 years old)

Week of June 22, 2020



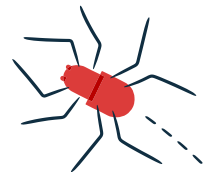
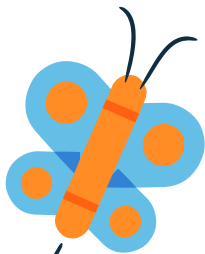
This week continues our exploration of **Insects and Spiders** with a selection of activities reflecting what's happening in our Discovery Preschool classrooms. Whether you've returned to your center or you're still learning from home, you and your child can join in the fun of learning about insects and spiders with these activities.



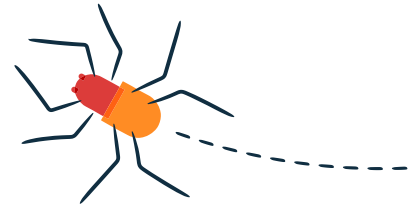
This week includes opportunities to **sing and dance** with the songs, "Did You Ever See a Grasshopper?" and "If You're an Insect and You Know It." The movement continues through a game of Ladybug Says. The activities Where's the Insect? and Insect and Spider Patterns help build your child's understanding of **positional words**.



Some children are fascinated by insects and spiders; others, not so much. You know your child better than anyone. As you work through the activities in this guide, be **sensitive to their feelings** towards insects and spiders. Pay attention to how your child reacts and, if needed, adjust activities so they're within your child's comfort zone. Keep in mind that children take their cues from us, so even if creepy crawlies aren't your favorite, **demonstrating comfort and appreciation** for insects will help your child to do the same!



# This Week's Theme: Insects and Spiders



## What you'll find in this guide. . .

We've provided activities similar to what your child would be learning it in their center. You and your child can choose your own adventures and do the activities in any order you'd like, repeating and revisiting them as often as you want! Click on the icons below to discover more...



### LET'S PLAY

#### Where's the Insect?

Your child expands their understanding of positional words by figuring out where the insect is.



### LET'S MOVE

#### Ladybug Says

This game is all about paying attention and following rules, so do only what ladybug says!



### LET'S CREATE

#### Insect and Spider Patterns

Your child explores patterns by naming and copying patterns you create.



### LET'S SING

#### "Did You Ever See a Grasshopper?"

Move like different insects as you make your way through this fun song.



### LET'S MOVE

#### "If You're an Insect and You Know It"

Move and groove to this buggy take on a classic song!



### GAME TIME

#### What's Missing?

What do you see?  
What don't you see?  
Figure out what's missing from one picture to the next.



## FOCUS ON SOCIAL AND EMOTIONAL LEARNING

Help your child develop important social-emotional skills by working on your family project! This week, we invite your family to explore the theme **What is Essential?**

# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020

### Getting Ready for the Week: Materials to Gather

#### Where's the Insect?:

- ❑ Crayons, markers, or colored pencils (optional)
- ❑ Paper (optional)
- ❑ Scissors (for adult use only, optional)
- ❑ Toy insect

#### Ladybug Says:

No materials needed

#### Insect and Spider Patterns:

- ❑ Crayons, markers, or colored pencils (if a printer isn't available)
- ❑ [Insect and spider cards](#)
- ❑ Paper
- ❑ Scissors (for adult use only)

#### "Did You Ever See a Grasshopper?":

- ❑ ["Did You Ever See a Grasshopper?" song lyrics](#)

#### "If You're an Insect and You Know It":

- ❑ ["If You're an Insect and You Know It" song lyrics](#)

**Tip:** At the beginning of your week, gather materials and place them in a container so you're ready to go!



# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020



### Let's Play: Where's the Insect?

Your child expands their understanding of positional words by figuring out where the insect is.



#### Length of activity:

10 minutes\*

\*Duration will vary depending on your child's interest.

#### Level of Engagement Required by Adult: High



#### Level of Prep Required: Low



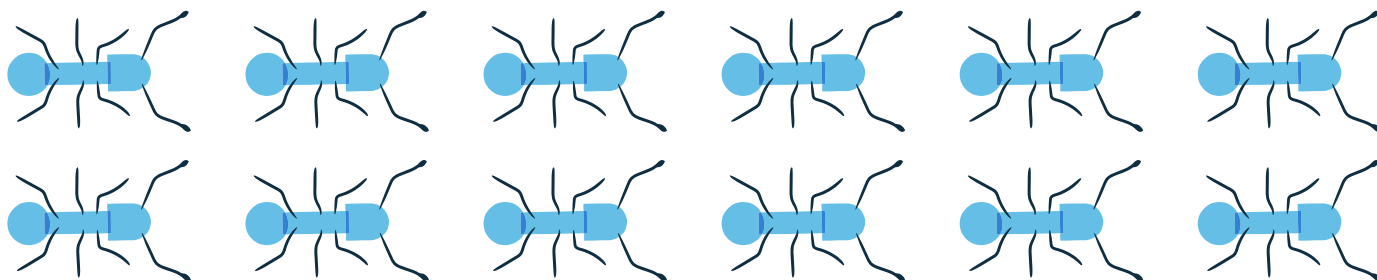
#### What you need:

- Crayons, markers, or colored pencils (optional)
- Paper (optional)
- Scissors (for adult use only, optional)
- Toy insect

#### What your child is learning:

- An understanding of spatial relationships
- An understanding of positional words
- How to follow directions

**What you do:** If a toy insect isn't available, draw or print one on paper and cut it out. Invite your child to play a game. Begin by showing them the insect and asking them to name it. Tell them you're going to hold the insect someplace and they are going to tell you where it is. For example, hold the insect over your head and ask, "Where is the (*insert insect name*)?" Encourage your child to answer with "on your head" or "over your head." Assist your child in answering as needed, focusing on positional words, such as next to, on, under, by, in front of, and behind. After a few rounds of asking your child where the insect is, give them the insect and ask them to place it somewhere, such as under the table or behind their back.



# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020



### Let's Move: Ladybug Says

This game is all about paying attention and following the rules, so do only what ladybug says!



**Length of activity:**  
15 minutes\*

\*Duration will vary depending on your child's interest.

**Level of Engagement  
Required by Adult:** High



**Level of Prep Required:** N/A



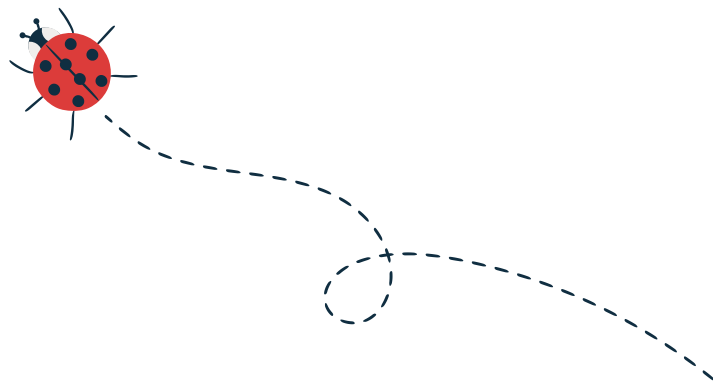
**What you need:**

No materials needed

### What your child is learning:

- To follow directions in a movement game
- To focus their attention
- How to maintain balance during movement experiences

**What you do:** Invite your child to play a game of Ladybug Says. Ask them to share some of the things they have learned about insects and spiders over the past couple weeks. To play the game, tell your child you will give them directions. If you say "Ladybug says" at the start of the directions, they should follow the directions. If you do not say "Ladybug says," they should not follow directions. Begin the game with a direction, such as "Ladybug says to put your hands on your knees" or "Ladybug says hop up and down." As the game continues, incorporate directions that do not begin with "Ladybug says." You can also include movements that encourage your child to move like insects or spiders, such as crawling like a spider, jumping like a grasshopper, or flying like a bee.



# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020



### Let's Create: Insect and Spider Patterns

Your child explores patterns by naming and copying patterns you create.



**Length of activity:**  
15 minutes\*

\*Duration will vary depending on your child's interest.

**Level of Engagement  
Required by Adult: High**



**Level of Prep Required: Medium**



#### What you need:

- Crayons, markers, or colored pencils (if a printer isn't available)
- [Insect and spider cards](#)
- Paper
- Scissors (for adult use only)

#### What your child is learning:

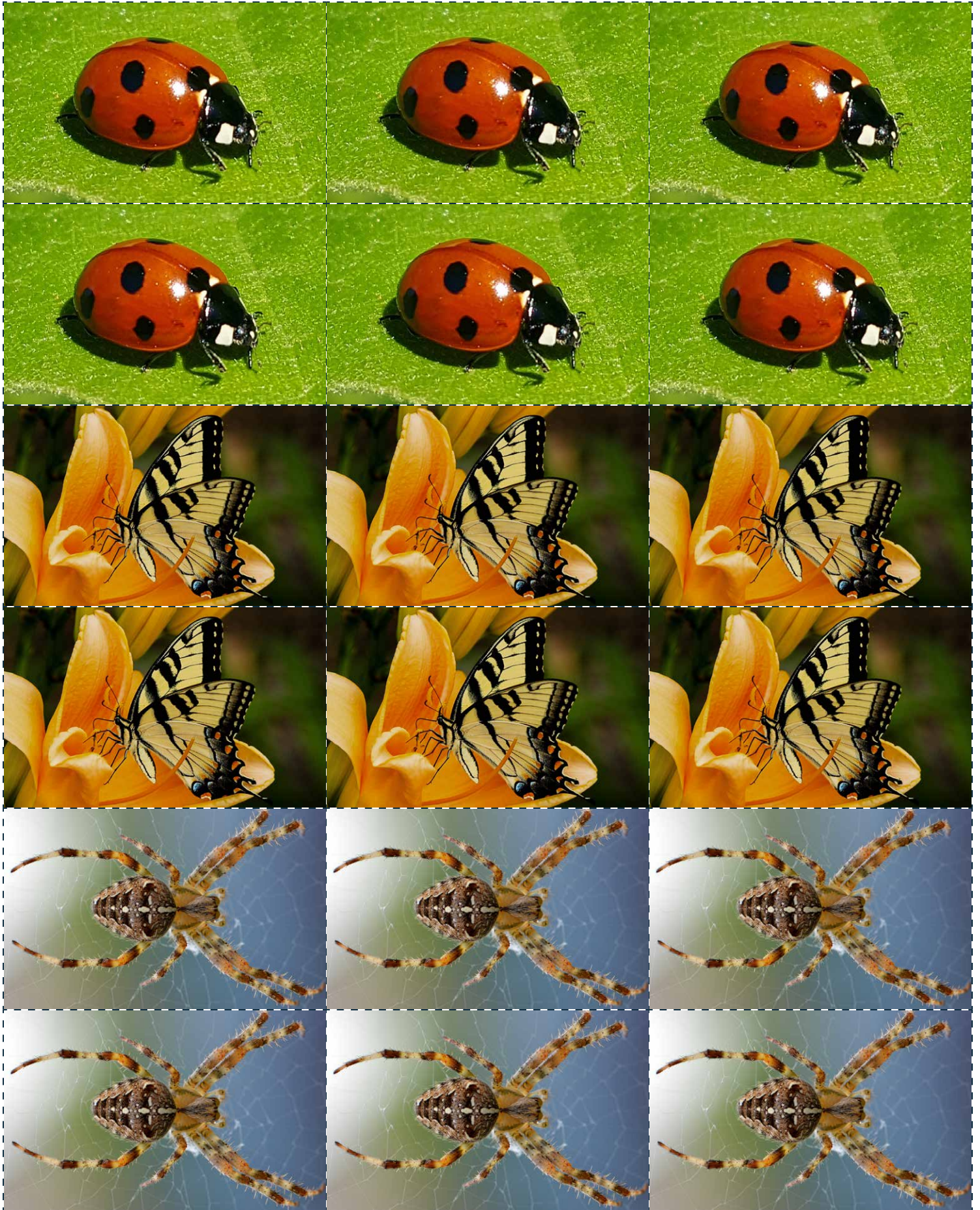
- To recognize and copy simple patterns
- To name simple shapes, objects, and colors
- An understanding of positional words

**What you do:** Print and cut out one sheet of [insect and spider cards](#). If a printer isn't available, create a set of pattern cards by drawing six of one insect, six of another insect, and six spiders on paper and cutting them out.

Sit with your child on the floor or at a table. Show them a card of each image and help them to identify what they see. Begin by creating an ABABAB pattern using one type of insect and the spider cards, such as ladybug, spider, ladybug, spider, ladybug, spider. Ask your child to name each of the cards in order.

Confirm the pattern created and ask your child to use the remaining cards to copy the pattern. Instruct them to place the cards below the original pattern so they can self-check their choices. Explain: "These cards make the pattern ladybug, spider, ladybug, spider, ladybug, spider. Can you copy that pattern? What card comes first? A ladybug card. Find a ladybug and place it here, below this card."

Continue guiding your child as needed until they have completely copied the pattern. Create additional ABABAB patterns for your child, such as butterfly, ladybug, butterfly, ladybug, butterfly, ladybug or spider, butterfly, spider, butterfly, spider, butterfly.



# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020



### Let's Sing: "Did You Ever See a Grasshopper?"

Move like different insects as you make your way through this fun song.



**Length of activity:**  
10 minutes\*

\*Duration will vary depending on your child's interest.

**Level of Engagement  
Required by Adult: High**



**Level of Prep Required: Low**



**What you need:**

- "Did You Ever See a Grasshopper?" song lyrics (below)

#### What your child is learning:

- How to add creative movement to a song
- How to relate what they have learned about living things to new situations
- How their body moves in different directions and at different levels

**What you do:** Familiarize yourself with the words and movements to "Did You Ever See a Grasshopper." Stand with your child so they can see and copy your movement. Tell them you're going to share a song about the different ways that insects move. Sing the song and perform the movements, encouraging your child to move with you. Sing the song again and as your child becomes familiar with the lines, encourage them to sing along.



#### "Did You Ever See a Grasshopper?"

(sung to the tune of "Did You Ever See a Lassie?")

Did you ever see a grasshopper,  
A grasshopper, a grasshopper?  
Did you ever see a grasshopper  
Jump this way and that? (*jump back and forth*)  
Jump this way and that way,  
And this way and that way?  
Did you ever see a grasshopper  
Jump this way and that?



#### Additional verses:

Did you ever see a ladybug...fly this way and that  
(*flap arms like wings*)

Did you ever see a caterpillar...crawl this way and that  
(*crawl on floor*)

Did you ever see a bumblebee...buzz this way and that  
(*move quickly one direction and then another*)



# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020



### Let's Move: "If You're an Insect and You Know It"

Move and groove to this buggy take on a classic song!



**Length of activity:**  
15 minutes\*

\*Duration will vary depending on your child's interest.

**Level of Engagement Required by Adult: High**



**Level of Prep Required: Low**



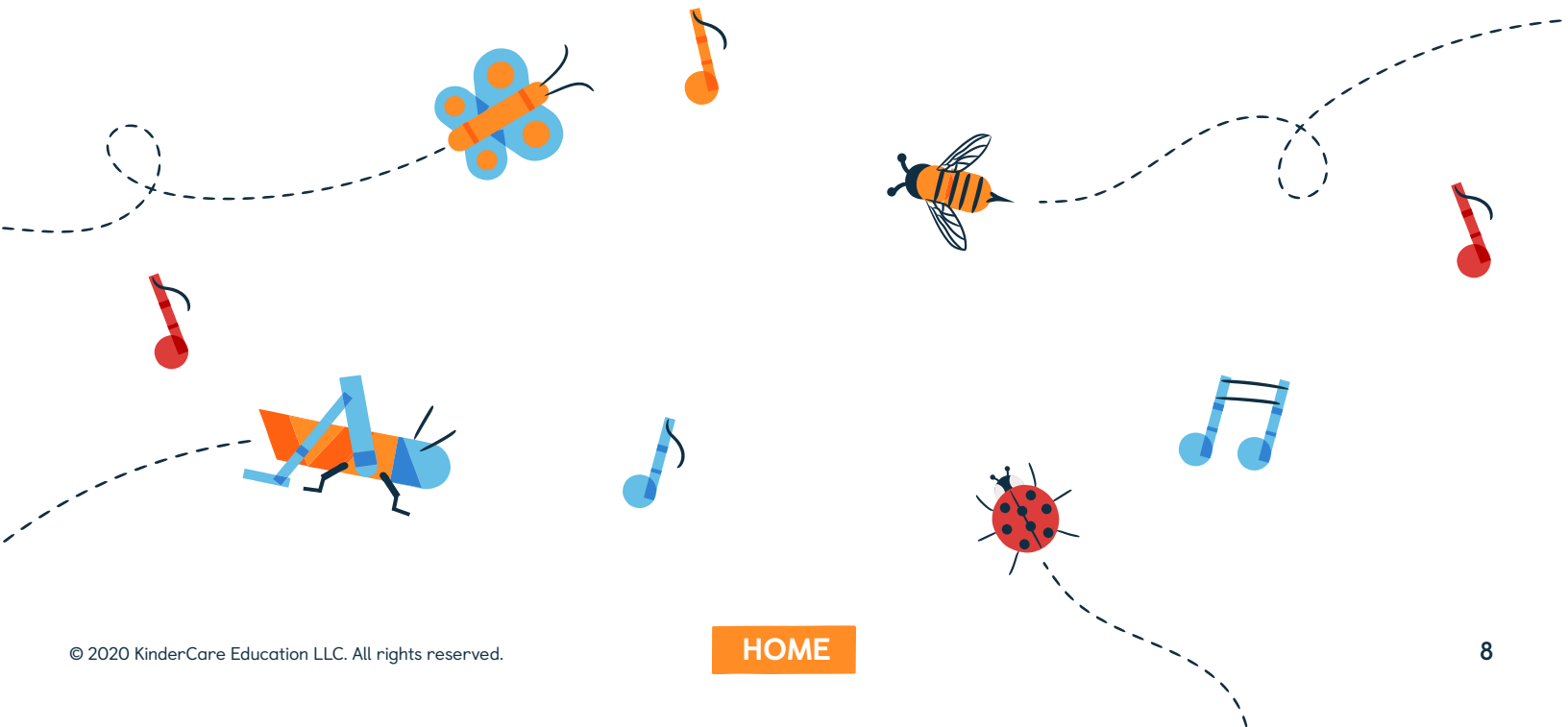
**What you need:**

- ["If You're an Insect and You Know It" song lyrics](#)

#### What your child is learning:

- How to follow directions in a song
- How to relate what they have learned about living things to new situations
- How their body moves in different directions and at different levels

**What you do:** Familiarize yourself with the words and movements to ["If You're an Insect and You Know It."](#) Stand with your child so they can see and copy your movement. Tell them you're going to share a song about the different ways that insects move. Sing the song and perform the movements, encouraging your child to move with you. Sing the song again and as your child becomes familiar with the lines, encourage them to sing along.





## “If You’re an Insect and You Know It”

*(sung to the tune of “If You’re Happy and You Know It”)*



If you’re a grasshopper and you know it, jump around. *(jump up and down)*

If you’re a grasshopper and you know it, jump around. *(jump up and down)*

If you’re a grasshopper and you know it, then your legs will surely show it.

If you’re a grasshopper and you know it, jump around. *(jump up and down)*

If you’re a butterfly and you know it, flap your wings. *(flap arms like wings)*

If you’re a butterfly and you know it, flap your wings. *(flap arms like wings)*

If you’re a butterfly and you know it, then your wings will surely show it.

If you’re a butterfly and you know it, flap your wings. *(flap arms like wings)*

If you’re a bumblebee and you know it, make a buzz. *(make a buzzing noise)*

If you’re a bumblebee and you know it, make a buzz. *(make a buzzing noise)*

If you’re a bumblebee and you know it, then your buzz will surely show it.

If you’re a bumblebee and you know it, make a buzz. *(make a buzzing noise)*

If you’re a ladybug and you know it, crawl around. *(crawl back and forth on the floor)*

If you’re a ladybug and you know it, crawl around. *(crawl back and forth on the floor)*

If you’re a ladybug and you know it, then your legs will surely show it.

If you’re a ladybug and you know it, crawl around. *(crawl back and forth on the floor)*



# At-Home Summer Guide for Discovery Preschoolers

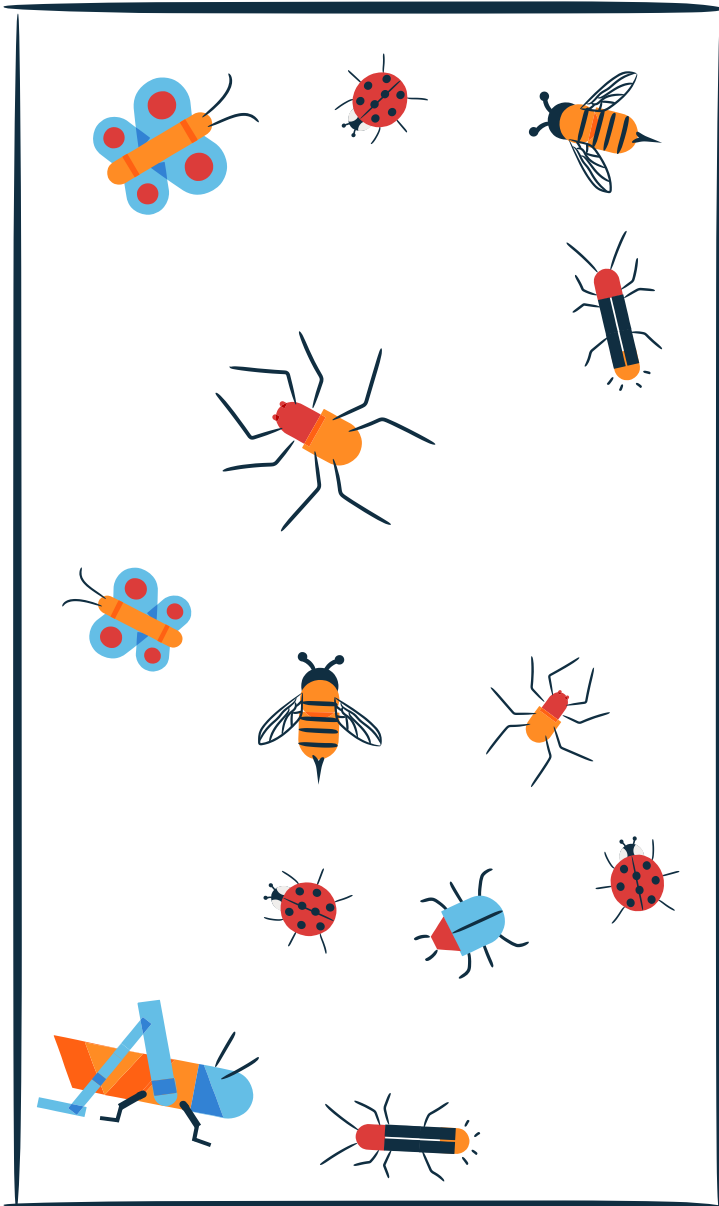
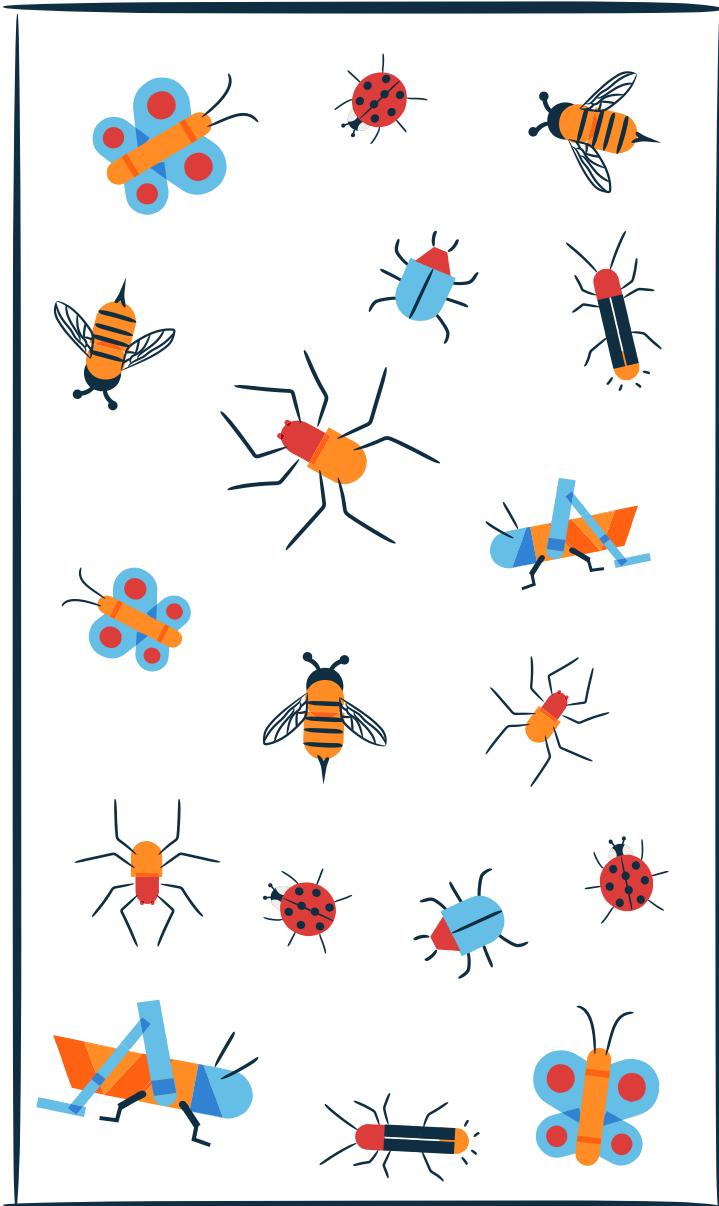
Week of June 22, 2020



## Game Time: What's Missing?

What do you see? What don't you see? Figure out what's missing from one picture to the next.

Look at the grouping of insects and spiders on the left with your child and talk about the different kinds you see. Ask them about the different creatures, then count how many of each type there are. Then look at the second picture together. Tell your child some critters are missing in the collection on the right and ask them to point them out.



# At-Home Summer Guide for Discovery Preschoolers

Week of June 22, 2020

## Focus on Social and Emotional Learning: Family Project

Help your child develop important social-emotional skills by working on your [family project](#)!



For the past few weeks, your family has been working through different themes for your family project. This week, we invite your family to explore the theme **What is Essential?**

### What is Essential?

Summer is finally here! Without a doubt, this is the most surreal transition into the season we've ever collectively experienced. For several months now, we've been forced to think about what is truly essential in our lives. We've adapted and discovered new things about ourselves, our families, and our communities. Hopefully, we've realized we are stronger, more creative, and more empathetic than we previously thought. And now, we're facing a summer at home.



In spite of the challenges we're still experiencing, this summer can be one families look back on to find meaning. Just like these past months, it's within our power to turn challenging conditions into a season of growth, fun experiences, and fond memories. For this week's Our Stay-at-Home Story prompt, discuss as a family what essentials you'll need to make this summer meaningful for you. Add another layer to your family project that represents what you hope to experience together.

# At-Home Summer Guide for Discovery Preschoolers

## Week of June 22, 2020

**Note:** In case you missed it, we released [Our Stay-at-Home Story: A KinderCare Family Project](#) in May. By working on your project together, you're helping your child develop important social-emotional skills in fun new ways, while building their communication skills, creativity, and confidence! Many of the project suggestions require little preparation and are perfect to weave into your regular day.

If you've opted out of the project, just talking about your common experiences is a great way to build your child's skills and come closer together as a family. Use the themes below as a conversation starter with your child. The most important part of social-emotional learning is creating an opportunity for sharing feelings and building community with others.

### THEMES:

- **All the Feels:** Explore and identify your hopes, worries, gratitude, or frustrations.
- **Building Connections:** Find a way to embrace your family and community from a distance.
- **What Is Essential:** Redefine what essential means through your everyday actions.
- **Flexible Mindsets:** How are you learning and growing together as a family?
- **Who Are the Helpers:** Who is helping us? How are we helping others?

